

## Simplified field tables

| BMI-for-age BOYS<br>2 to 5 years (z-scores) |        |       |       |       |  World Health Organization |      |      |      |
|---------------------------------------------|--------|-------|-------|-------|---------------------------------------------------------------------------------------------------------------|------|------|------|
| Year: Month                                 | Months | -3 SD | -2 SD | -1 SD | Median                                                                                                        | 1 SD | 2 SD | 3 SD |
| 2: 0                                        | 24     | 12.9  | 13.8  | 14.8  | 16.0                                                                                                          | 17.3 | 18.9 | 20.6 |
| 2: 1                                        | 25     | 12.8  | 13.8  | 14.8  | 16.0                                                                                                          | 17.3 | 18.8 | 20.5 |
| 2: 2                                        | 26     | 12.8  | 13.7  | 14.8  | 15.9                                                                                                          | 17.3 | 18.8 | 20.5 |
| 2: 3                                        | 27     | 12.7  | 13.7  | 14.7  | 15.9                                                                                                          | 17.2 | 18.7 | 20.4 |
| 2: 4                                        | 28     | 12.7  | 13.6  | 14.7  | 15.9                                                                                                          | 17.2 | 18.7 | 20.4 |
| 2: 5                                        | 29     | 12.7  | 13.6  | 14.7  | 15.8                                                                                                          | 17.1 | 18.6 | 20.3 |
| 2: 6                                        | 30     | 12.6  | 13.6  | 14.6  | 15.8                                                                                                          | 17.1 | 18.6 | 20.2 |
| 2: 7                                        | 31     | 12.6  | 13.5  | 14.6  | 15.8                                                                                                          | 17.1 | 18.5 | 20.2 |
| 2: 8                                        | 32     | 12.5  | 13.5  | 14.6  | 15.7                                                                                                          | 17.0 | 18.5 | 20.1 |
| 2: 9                                        | 33     | 12.5  | 13.5  | 14.5  | 15.7                                                                                                          | 17.0 | 18.5 | 20.1 |
| 2:10                                        | 34     | 12.5  | 13.4  | 14.5  | 15.7                                                                                                          | 17.0 | 18.4 | 20.0 |
| 2:11                                        | 35     | 12.4  | 13.4  | 14.5  | 15.6                                                                                                          | 16.9 | 18.4 | 20.0 |
| 3: 0                                        | 36     | 12.4  | 13.4  | 14.4  | 15.6                                                                                                          | 16.9 | 18.4 | 20.0 |
| 3: 1                                        | 37     | 12.4  | 13.3  | 14.4  | 15.6                                                                                                          | 16.9 | 18.3 | 19.9 |
| 3: 2                                        | 38     | 12.3  | 13.3  | 14.4  | 15.5                                                                                                          | 16.8 | 18.3 | 19.9 |
| 3: 3                                        | 39     | 12.3  | 13.3  | 14.3  | 15.5                                                                                                          | 16.8 | 18.3 | 19.9 |
| 3: 4                                        | 40     | 12.3  | 13.2  | 14.3  | 15.5                                                                                                          | 16.8 | 18.2 | 19.9 |
| 3: 5                                        | 41     | 12.2  | 13.2  | 14.3  | 15.5                                                                                                          | 16.8 | 18.2 | 19.9 |
| 3: 6                                        | 42     | 12.2  | 13.2  | 14.3  | 15.4                                                                                                          | 16.8 | 18.2 | 19.8 |
| 3: 7                                        | 43     | 12.2  | 13.2  | 14.2  | 15.4                                                                                                          | 16.7 | 18.2 | 19.8 |
| 3: 8                                        | 44     | 12.2  | 13.1  | 14.2  | 15.4                                                                                                          | 16.7 | 18.2 | 19.8 |
| 3: 9                                        | 45     | 12.2  | 13.1  | 14.2  | 15.4                                                                                                          | 16.7 | 18.2 | 19.8 |
| 3:10                                        | 46     | 12.1  | 13.1  | 14.2  | 15.4                                                                                                          | 16.7 | 18.2 | 19.8 |
| 3:11                                        | 47     | 12.1  | 13.1  | 14.2  | 15.3                                                                                                          | 16.7 | 18.2 | 19.9 |
| 4: 0                                        | 48     | 12.1  | 13.1  | 14.1  | 15.3                                                                                                          | 16.7 | 18.2 | 19.9 |
| 4: 1                                        | 49     | 12.1  | 13.0  | 14.1  | 15.3                                                                                                          | 16.7 | 18.2 | 19.9 |
| 4: 2                                        | 50     | 12.1  | 13.0  | 14.1  | 15.3                                                                                                          | 16.7 | 18.2 | 19.9 |
| 4: 3                                        | 51     | 12.1  | 13.0  | 14.1  | 15.3                                                                                                          | 16.6 | 18.2 | 19.9 |

**BMI-for-age BOYS**  
**2 to 5 years (z-scores)**



**World Health  
Organization**

| Year: Month | Months | -3 SD | -2 SD | -1 SD | Median | 1 SD | 2 SD | 3 SD |
|-------------|--------|-------|-------|-------|--------|------|------|------|
| 4: 4        | 52     | 12.0  | 13.0  | 14.1  | 15.3   | 16.6 | 18.2 | 19.9 |
| 4: 5        | 53     | 12.0  | 13.0  | 14.1  | 15.3   | 16.6 | 18.2 | 20.0 |
| 4: 6        | 54     | 12.0  | 13.0  | 14.0  | 15.3   | 16.6 | 18.2 | 20.0 |
| 4: 7        | 55     | 12.0  | 13.0  | 14.0  | 15.2   | 16.6 | 18.2 | 20.0 |
| 4: 8        | 56     | 12.0  | 12.9  | 14.0  | 15.2   | 16.6 | 18.2 | 20.1 |
| 4: 9        | 57     | 12.0  | 12.9  | 14.0  | 15.2   | 16.6 | 18.2 | 20.1 |
| 4:10        | 58     | 12.0  | 12.9  | 14.0  | 15.2   | 16.6 | 18.3 | 20.2 |
| 4:11        | 59     | 12.0  | 12.9  | 14.0  | 15.2   | 16.6 | 18.3 | 20.2 |
| 5: 0        | 60     | 12.0  | 12.9  | 14.0  | 15.2   | 16.6 | 18.3 | 20.3 |

**WHO Child Growth Standards**

Note: If a child aged less than 2 years is measured standing up, change the height to length by adding 0.7 cm BEFORE calculating BMI, because the BMI-for-age for Birth to 2 years is based on length. For children 2 to 5 years measured lying down, convert length to height by subtracting 0.7 cm BEFORE calculating BMI for application of the BMI-for-age chart.